

First Aid

First Aid Training

1. Anyone who regularly volunteers with any part of Econet and who would like to be a First Aider or at least attend First Aid training, should be encouraged to do so.
2. The group will arrange and pay for, a one day 'Emergency First Aid at Work' course.
3. Currently, Econet uses the courses provided by the [Earley Crescent Resource Centre](#). A maximum of two volunteers may be booked on any one of these courses.
4. This is an accredited course and on successful completion, participants will receive a certificate valid for three years.

First Aid Kits

1. All Econet activities should be accompanied by a First Aid kit.
2. To facilitate this, various members of the group have kits. In general, these are [St John Ambulance Small Workplace kits](#), intended for work environments consisting of up to 25 people, to which phials of Eye Wash have been added (not part of the standard kit).
3. Most of the items in these kits have a limited life. For easy of management and consistency, the entire contents of each kit will periodically be replaced. Eye Wash may have a more limited life and need replacing earlier.

Provision of First Aid

1. Ideally, all activities will include a trained First Aider.
2. Any incident needing First Aid which requires more than plasters, should be recorded. Incidents which only require plasters may also be recorded depending on their potential severity. (Details of any incident may be provided with the volunteer numbers with which they will be stored.)
3. Whenever an incident occurs, irrespective of its severity, consideration should be given to whether further occurrences might be avoided by the provision of further guidance or training. Such considerations should be disseminated around the group.

First Aid Kit Maintenance

1. In addition to the periodic replacement of the entire contents, kits require ongoing maintenance.
2. Where items other than antiseptic wipes and plasters are used, e.g. bandages, these must be replaced.
3. In the case of antiseptic wipes and plasters, a regular check should be made to ensure an adequate supply remains. Plasters should be available in a range of sizes, particularly the larger sizes which tend to be the most frequently used.
4. First Aid supplies are normally obtained from St John Ambulance, however, when replacing individual items, it will generally be more cost effective to obtain items locally and claim back the cost through expenses.

Original version: September 2023

Updated: